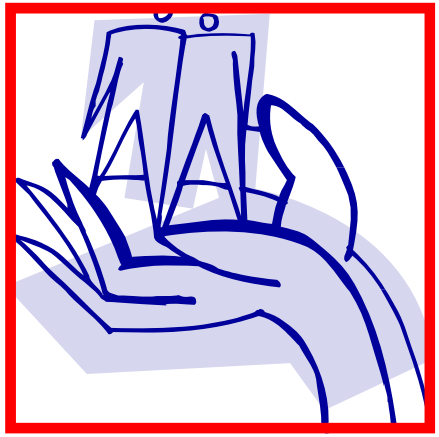
Dún Laoghaire Youth Information Centre is a free, confidential service for young people, and those who work with young people.
No appointment necessary.

Opening Hours:
Mon-Fri: 9.30am-5pm,

Dún Laoghaire Youth Information Centre
137, Lower Georges St.
Dún Laoghaire,
Co. Dublin.
Ph: 01-2809363
Email: yicdlys@iol.ie,
Website: www.youthquest.ie



Voluntary Opportunities for Young People in Dun Laoghaire area

Compiled by the Dún Laoghaire Youth Information Centre

EOLAS DON ÓGRA
YOUTH INFORMATION

Introduction

This booklet gives an idea of some of the voluntary opportunities available to young people. Voluntary work is a valuable opportunity to meet new people, learn new skills, have different experiences and avail of training.

So go on and volunteer you won't regret it.

Acknowledgements

The Dún Laoghaire Youth Information Centre would like to thank all the Voluntary and Community Organisations listed for their willing participation in this booklet .

While every attempt was made to ensure that the information contained in this booklet is accurate the Dún Laoghaire Youth Information Centre cannot be held liable for any
errors or omissions, or any consequences arising from them.

The Dún Laoghaire Youth Information Centre would welcome information on any groups or organisations which have been omitted, and on new organisations coming on stream. To be included in further editions contact the Dún Laoghaire Youth Information Centre.

Voluntary Work Abroad

The following are just some organisations which arrange voluntary work placements abroad:

Concern Worldwide, Ph: 014754162, info@concern.ie, www.concern.ie. Recruits over 21s with a relevant third level qualification.

GOAL, Ph: 01-2809779, info@concern.ie, www.goal.ie. Recruits over 21s with 2 years work experience.

Volunteer Service International, Ph: 01-8551011, vsi@iol.ie, homepages.iol.ie/~vsi, Coordinates teenage work camps and exchange programmes

Leargas - The Exchange Bureau, Ph: 01-8731411, youth@leargas.ie, www.leargas.ie. European Exchange programmes for 18-25 year olds.

EVS, an EVS Project allows a young person to be a volunteer in another country for 6-12 months. They cover a wide variety of themes e.g environmental projects; heritage; community development; work with elderly people or children and many more. www.evs.ie

Church Missionary Society Ireland, Ph: 01-4970931, cmsidublin@ireland. No age limits but a Christian commitment is essential.

Interculture, Ph: 01-4782046, info-ireland@afs.org. www.afs.org. Runs 4-6 month programmes in Latin America and Africa.

Health Action Overseas, Ph: 01-8733173, Email: hao@iol.ie, Website: www.iol.ie/~hao, Recruits over 23s to work in Eastern Europe and China.

Project Trust, Ph: 00-44-1879-230444,
Email: gapyear@projecttrust.org.uk
Website: www.project.org.uk. A UK based charity offering a year's placement to 17-19 year olds

Charity Shops

Barnados Charity Shop
8, Upper Georges Street
Dun Laoghaire
Ph: 2801246

Brief organisation profile: Children's Charity

Do you recruit volunteers? Yes

Brief job description (s): Assisting staff in sorting, pricing, sizing and display of stock donated to Barnardos. Assisting with sales and customer service.

Placement Location (s): Barnardos Charity Shop, Dun Laoghaire.

Is there an age requirement? 16yrs

Do you take transition year students? Yes

Skills and Qualities required: Pleasant polite manner. Ability to work in a team setting.

Preferred time commitment (if applicable): 4 hours
Mon-Sat 9.30am-5pm. Rata decided with consultation with manager and volunteer availability.

Please tick if provided:

Disability restricted		Support	☑
Supervision	☑	Expenses	☑

Application procedure: Volunteer registration form. Informal interview with shop manager. 2 references.

Local Contact person / contact details: Catherine Murtagh (Manager)

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Why people volunteer...

Getting involved

- To make a difference
- To learn the truth
- To demonstrate commitment to a cause
- Because there is no one else to do it

Have fun and follow interests

- To make new friends and be part of a team
- To have fun
- To do something you really love

Enhancing career prospects

- For work experience
- To gain or improve skills
- Networking
- To explore a new career

Meaningful existence

- To do something different from their job
- To feel needed
- To get a better balance in life

Charity

- For religious reasons
- As an alternative to giving money
- To Help

Charity Shops

Irish Cancer Society
Upper Georges St
Dun Laoghaire
Ph: 01 2843589

Brief organisation profile:
Chariety Shop working for the Irish Cancer Society

Do you recruit volunteers? Yes

Brief job description (s):
Retailing, sorting clothes, pricing keeping shop tidy.
Placement Location (s):
Dun Laoghaire
Is there an age requirement? 16yrs min

Do you take transition year students? Yes

Skills and Qualities required:
Good customer service, good manners and friendliness.

Preferred time commitment (if applicable):
Working in 2 shifts per day.

Please tick if provided:

Disability	☐	Support	☑
Supervision	☑	Expenses	☑

Application procedure:
To Shop Manager

Local Contact person / contact details:
Jill Nalty or Barbara Murphy

Charity Shops

Oxfam Ireland
43 Lower Georges St
Dun Laoghaire
Ph: 01 2805555

Brief organisation profile:
Retailing donated goods to fund overseas projects ie, developing countries

Do you recruit volunteers? Yes

Brief job description (s):
Various aspects of retailing, sorting, pricing, working at till, decorating etc.

Placement Location (s):
Dun Laoghaire

Is there an age requirement? 16yrs min

Do you take transition year students? Yes

Skills and Qualities required:
Skills will be learned here

Preferred time commitment (if applicable):
We work in 2 shifts per day

Please tick if provided:

Disability	☐	Support	☑
Supervision	☑	Expenses	☑

Application procedure:
Ask for an application form and meet the manager

Local contact person / contact details: Gabriela (Manager)

Useful Websites

www.volunteeringireland.com
An excellent website about volunteering in Ireland, providing details for hundreds of volunteering opportunities. You can register with their placement service. Additional information includes residential placements and volunteering abroad.

www.volunteerabroad.ie
Whatever your skills & experience , or whatever issues you feel passionate about, an exciting life-changing opportunity awaits you.

www.vsiireland.org
Voluntary Service International is the Irish section of Service Civil International to promote peace, social justice, sustainable development & intercultural understanding through volunteering, education and awareness-raising programmes within Ireland & Internationally.

www.nixers.com/voluntary_work_jobs.aspx
Lists a range of voluntary opportunities, giving details of location and job description.

www.activelink.ie/irish
An online directory listing Irish non-profit organisations that use the Internet. Scroll down and have a look at the full range of categories from animal welfare to world development. An excellent reference point.

Young People / Children

Dún Laoghaire Youth Service,
62 Mulgrave St, Dún Laoghaire Co. Dublin.
Ph: 01-2806147, Fax: 01-2843799
Email: info@dlys.ie, Website: www.dlys.ie

Brief Organisation profile:
A Regional Youth Service which is the local support for voluntary youth work in the Greater Dún Laoghaire area. The work of the Youth Service falls into these main areas, Youth Work support, Youth Information, Outward Bounds, Mainline Youth Work, Youth Arts, Dún Laoghaire Play Centre.

Do you recruit volunteers? Yes

Brief Job Description:
Assisting community youth committees in running youth activities. Working alongside group leaders in running after school groups. Assisting in organising summer projects.

Placement Location: Dun Laoghaire

Is training provided? Yes
Child Protection, Basic First Aid + Basic Leadership Training and ongoing training as part of a youth leader team. 2hrs per course.

Is there an age requirement:: mostly 18yrs +

Do you take Transition Year Students: Yes

Skills & Qualities required: Interested in working with young children

Application Procedure: Application Form, 2 references.
Garda clearance is required

Preferred time commitment:
From 2 hrs weekly

Local contact person: Emma Campbell
Dún Laoghaire Youth Service (as above)
01-2806147

Charity Shops

Mrs Quins Charity Shop for the Blind
115 Lower Georges St
Dun Laoghaire

Brief organisation profile:
Organising clothes and retailing for charities for the blind.

Do you recruit volunteers? Yes

Brief job description (s):
Sorting clothes etc.

Placement Location (s):
Dun Laoghaire

Is there an age requirement? No

Do you take transition year students? Yes

Skills and Qualities required:
Good manner with customers

Preferred time commitment (if applicable): None

Please tick if provided:

Disability	☐	Support	☑
Supervision	☑	Expenses	☑

Application procedure:
To shop manager

Local Contact person / contact details:
Manager: Liz Symes
Ph: 087 9800071

St. John's Ambulance Brigade
29, Upr. Leeson St,
Dublin 4
Ph: 6688077

Brief Organisation profile:
St John's Ambulance Brigade is a voluntary organisation, non sectarian, non political and is a permanent body of trained men and women ready at all times of emergencies. Sports events or wherever crowds gather, rendering assistance to the sick and injured. Also provide courses in First Aid and occupational First Aid.

Do you recruit volunteers? Yes.

Brief Job Description:
To provide First Aid Assistance to the sick and injured.

Placement Location: Various Locations.

Is training provided? : Yes

Is there an age requirement?: Yes
Cadets– Age 11yrs Adults– 18yrs

Do you take Transition Year students?: Yes

Skills & Qualities required:
All personnel are trained and must complete an annual examination by the doctor.

Preferred time commitment: As arranged by the organisation

Please tick if provided:

Disability Access	☐	Support	☐
Supervision	☐	Expenses	☐

Application Procedure:

Local contact person: **G. Shortall**
Assistant commissioner
St. John's Ambulance Brigade

Dún Laoghaire Play centre
Library Rd., Dún Laoghaire, Ph: 01-2800070

Brief Organisation profile:
A supervised community play centre for children aged 4-12. It is administered by Dún Laoghaire Youth Service on behalf of Dún Laoghaire Rathdown County Council.

Do you recruit volunteers? Yes

Brief Job Description:
Assisting play leaders in providing activities for children including sports, arts & crafts, ball games etc. To accompany other play leaders on trips out of the centre.

Placement Location: Dun Laoghaire

Is training provided? No formal training course

Is there an age requirement: Mostly 18 years or over

Do you take Transition Year students: Yes

Skills & Qualities required: No formal qualifications. Interested in working with young children

Preferred time commitment:
Decided with supervisor

Application Procedure:
For Transition Year students a letter from school is required indicating insurance cover plus length of time they wish to work. All other applicants should fill out an application form—Garda clearance is required.

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Local contact person:
Pauline Corcoran, Dún Laoghaire Play centre (as above)

Young People / Children

Dundrum Youth Service
Room 5, Old School Building,
Loreto Avenue, Rathfarnham
Dublin 4.
Ph: 01-4938284

Brief Organisation profile:
Local support for voluntary youth work in the Dundrum/Rathdown area.

Do you recruit volunteers? Yes

Brief Job Description:
Assisting community youth committees in running youth activities. Working alongside group leaders and organising summer projects.

Placement Location:
Dundrum/Rathdown Area

Is training provided? Child Protection, Basic First Aid + Basic Leadership Training and ongoing training as part of a youth leader.

Is there an age requirement?: mostly 18yrs +

Do you take Transition Year students: Yes

Skills & Qualities required: Interest in working with young people.

Time commitment:
From 2 hours weekly

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Through Dundrum/Rathdown Youth Service

Local contact person: Aileen Mulligan. Ph: 4938284

Serving the Community

Dun Laoghaire Refugee Project
45 South Park, Foxrock
Dublin 18
dunlaoghairerefugee@ireland.com

Brief Organisation profile:
Assist asylum seekers/ refugees (mostly unaccompanied minors) in the Dun Laoghaire area, with education, recreational, sporting and cultural activities, the legal side of the asylum seeker process

Do you recruit volunteers? Yes.

Brief Job Description:
To help mainly with providing recreational activities

Placement Location: Dun Laoghaire

Is training provided? : No

Is there an age requirement?: No

Do you take Transition Year students?: No

Skills & Qualities required: Personal commitment and good communication skills.

Preferred time commitment:
Mostly weekends, 4—6 hours

Please tick if provided:

Disability Access	☑	Support	☐
Supervision	☑	Expenses	☑

Application Procedure:
Application form, meet with staff and code of conduct for volunteers

Local contact person:
Mary King

Civil Defence Auxiliary Fire Service
C/o Dun Laoghaire Fire Station
Kill Ave. Dun Laoghaire, Co. Dublin
Ph: 086 1078191, www.civildefence.ie

Brief Organisation profile:
Members are trained in aspects of fire fighting. This covers pump & ladder drills and various types of fire emergencies. Our aim is to help the community in times of emergency.

Do you recruit volunteers? Yes.

Brief Job Description:
Basic firemanship, first aid, training, team work building

Placement Location: Dun Laoghaire

Is training provided? : Yes (see above)

Is there an age requirement?: 17

Do you take Transition Year students?: No

Skills & Qualities required: A level headed person able to work under pressure. A reliable type of person. Need to be fit.

Preferred time commitment:
1 night per week, 3 hours

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☐

Application Procedure:
Contact class before Sept. of each year. Brief Interview

Local contact person:
Mark Charles/ Gary Corcoran

Teen-Line Ireland
Ph: 01 4622128

Brief Organisation profile:
Teen-Line Ireland is a listening service for young people.

Do you recruit volunteers? Yes

Brief job Description:
Answering phones. Talking to young people and listening. Also fund raising.

Placement Location:
Tallaght

Is training provided? Yes

Is there an age requirement?: Over 21's

Do you take Transition Year students: No

Skills & Qualities required: Caring nature, ability to communicate, patience and understanding.

Time commitment:
3 hours a week,

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Complete Form and Interview. References.

Contact Person:
Judith Mc Loughlin
Ph: 01 4622128

Young People / Children

Barnardos
14 Tivoli Terrace South, Dun Laoghaire
Ph: 01– 2842323 Fax: 01– 2806271
Email: info@dunlaoghaire.barnardos.ie, Website: www.barnardos.ie

Brief Organisation profile:
Barnardos Child & Family Support Centre - Working with children & families in a group & individual support basis with families from vulnerable and disadvantaged backgrounds.

Do you recruit volunteers? Yes

Brief Job Description:
Volunteer job descriptions vary depending on the needs of the service at the time.

Placement Location: Dun Laoghaire

Is there an age requirement?: Yes
Over 18's for Garda Clearance Purposes

Do you take Transition Year students: No

Skills and Qualities required: N/A

Preferred time commitment (if applicable)
Negotiable.

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☐

Application Procedure:
All applications are sorted by Michael O'Brien
(Volunteer Co-Ordinator)

Local contact person:
Michael O'Brien Volunteer Co ordinator
Barnardos Christchurch Square D.8

Serving the Community

Junior Chamber Dun Laoghaire
C/o 19 Cherbury Gardens,
Booterstown Ave., Blackrock
Email: joycemsheerin@hotmail.com
Ph: 087-6377030

Brief Organisation profile:
An international organisation of young people (18—40) who want to socialise and network with other young people who have a desire for self-improvement

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.)
Aged 18-40

Application Procedure:
Contact Organisation or attend their meeting on the third Tuesday of every month in the Killiney Castle Hotel

Preferred time commitment:
Depending on individual, 1 Meeting a month , one or two socials a month and a few projects a year.

Volunteer's duties or areas of work:
Participate in organised events

Is training provided?
No, just work alongside experienced members

Further Information:
New members can attend a few meetings before deciding to join the organisation.

Local contact person:
Joyce Sheerin

Serving the Community

Society of St. Vincent de Paul
18 Nicholas Street, Dublin 8
Ph: 8384164

Brief Organisation profile;
Providing a range of activities and services from support and friendship, promoting self-sufficiency and working for social justice.

Do you recruit volunteers? Yes.

Brief Job Description:
Not limited to helping certain groups or providing certain services. Voluntary work can range from visiting older people, to holidays for children and teenagers, social housing, charity shops etc.

Placement Location: Dun Laoghaire

Is training provided? : Yes

Is there an age requirement?: mostly 18 and over

Do you take Transition Year students?: Yes

Skills & Qualities required: Willing to carry out tasks; honesty and commitment

Preferred time commitment:
At least 6 months, hours are varied

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☐

Application Procedure:
Contact the local contact person—details below

Local contact person:
Patricia Carey . Ph: 8384164

Young People/Children

HSE Community Mothers Programme
Loughlinstown Health Centre, Loughlinstown Drive
Dun Laoghaire, Co. Dublin. Ph: 2822122 (ext. 141)

Brief Organisation profile:
Specially trained experienced mothers visit 1st & 2nd time mothers with a programme of information-giving and support. The programme continues over the 1st and sometimes 2nd year of baby's life.

Do you recruit volunteers? Yes

Brief job Description:
To support new mothers in a non-judgemental way, drawing out their skills, boosting confidence, helping them to develop child rearing skills.

Placement Location: Dun Laoghaire area, visits to parent's home

Is training provided? Yes

Is there an age requirement?: No, but applicants must be mothers themselves

Do you take Transition Year students: No

Skills & Qualities required: Child centred, interested, non-judgemental, confidential, reliable, common-sense, listening skills

Time commitment:
At least 5 families X 1 hour visits—prep for visit, monthly meetings X 2—12 hours a month approx

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure: Contact Health Centre

Contact Person: Triona Lucey, Ph: 2822122 Ext. 141

Irish Society for the Prevention of Cruelty to Children (ISPCC)
20 Molesworth Street, Dublin 2
Ph: 01-6794944, Fax: 01-6791746
Email: ispcc@ispcc.ie, Website: www.ispcc.ie

Brief Organisation profile:
National Voluntary Organisation working to prevent cruelty to children.

Do you recruit volunteers? Yes on an ongoing basis

Eligibility Requirements (incl. age, qualifications etc.) Over 18

Application Procedure:
Group session. Individual interview

Preferred time commitment:
One four hour shift a week

Volunteer's duties or areas of work:
ISPCC recruit volunteers for our four services. They are: Childline, Leanbh, Child Focus and 4 Me!

Is training provided? Yes

Type and length of training course:
17 session training course, which runs over an eight week period. Minimum of 4 hrs per week. A commitment of 2yrs is requested. The training course is based on adult education learning techniques and uses role play, discussion groups etc.

Local contact person:
Margaret Williamson or Ava Battles
ISPCC (as above)
01-6764644

Glencree Centre for Reconciliation
Glencree, Co Wicklow
Ph: 01-2829411, Fax: 01-2766085
Email: volunteering@glencree-cfr.ie, Website: www.glencree-cfr.ie

Brief Organisation profile:
The Glencree Centre for reconciliation is a centre that works with those who are interested in building peace in whatever area of society.

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.)
Over 18s, Genuine interest in Peace and Reconciliation work. Conversation English

Application Procedure;
Complete application form, Telephone Interview, 2 Referees

Preferred time commitment:
6-12 months long term, 1-4 months short term, weekends

Volunteer's duties or areas of work:
Assisting in the general housekeeping areas, linking with visiting groups, small maintenance tasks, manning the Exhibition Centre and refreshment store.

Is training provided? Yes
For long term, a 10 day induction course and on the job training. English Language Centre, History of Glencoe, Programme training and Office training

Local contact person:
Sarah Dalton
Glencree Centre for Reconciliation (as above)
01-2829711

Working with People with Disabilities

Dublin South Junior ARCH Club
C/o 9 Patricia Villas, Stillorgan, Co. Dublin
Ph: 087 2157904, pamrb@eircom.net

Brief Organisation profile:
Social integrated youth club for children with special needs, their parents/carers and siblings.

Do you recruit volunteers? Yes– normally people known to members.

Brief job Description:
To socially interact with children with special needs through art, music, drama, fit for fun etc.

Placement Location: Foxrock Community Centre

Is training provided? Yes

Is there an age requirement?: Over 14

Do you take Transition Year students: Yes

Skills & Qualities required: Caring nature, ability to communicate, patience, a happy disposition and someone who genuinely wants to work with children with special needs.

Time commitment:
2 hours a week, 2.30—4.30pm Saturdays

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	if required

Application Procedure: Complete Form and Interview

Contact Person: Pam Robinson

Young People/Children

Dun Laoghaire Leo Club
C/o 70 Beechwood Lawn, Dun Laoghaire
Ph: 087 2526634
Email: jenniferglansford@hotmail.com

Brief Description of Organisation:
Group of young adults organising and supervising services for under-privileged young people (6—16yrs) such as trips, activities, fund-raising.

Do you recruit volunteers? Yes

Brief Job Description:
Help with the organising and supervision of activities

Placement Location:
Dun Laoghaire, Kingston Hotel

Is training provided? Not specified

Is there an age requirement? 18—28 years

Do you take Transition Year students? No

Skills and Qualities required:
Caring attitude for young people. Keen interest in making a substantial difference, in having fun and enjoying the social aspect of membership

Preferred time commitment:
6 months, Some Weds. Evenings and some weekend activities

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Screening in process, contact local organiser

Local Contact Person:
Jennifer—087 2526634

Environment

Conservation Volunteers Ireland
65A Harold's Cross Road, Dublin 6W. Ph: 01-4547185,
Email:info@cvi.ie, Website: www.cvi.ie

Brief Organisation profile:
Conservation Volunteers Ireland is a national charity which was set up in 1990 to provide practical opportunities for those with an interest in environmental protection.

Target Group/Client Base All sectors over 18

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.) Over 18s

Application Procedure: None

Preferred time commitment:
As much as volunteer is prepared to give.

Volunteer's duties or areas of work:
Various positions - Outdoor activities
Work involves; tree planting, woodland management, wildlife gardening, seed collection, guided walks, lectures on environmental topics, awareness campaigns.

Is training provided? Yes

Type and length of training course:
Ongoing at the pace of the volunteer

Local contact person:
Melanie Hamilton
Conservation Volunteers Ireland
65A Harold's Cross Road
Dublin 6W
01-4547185

Working with People With Disabilities

Special Olympics
4th Floor, Park House, North Circular Rd, Dublin 7
Ph: 01-8823972
Email: info@specialolympics.com, www.specialolympics.ie

Brief Organisation profile:
Special Olympics is a year round sports training and competition organisation for persons with a learning disability.

Do you recruit volunteers? Yes

Brief job description: Volunteers must be flexible, committed and want to have fun. Every volunteer must agree to a background security check and will be supported with training and a description of what is expected of them in the role they choose. Volunteers can offer their help with the organisation of Special Olympic events, support clubs in their local community or the development of the organisation at an area, regional or all island level.

Eligibility Requirements (incl. age, qualifications etc.)
Over 15 unless volunteering as part of a group under adult supervision

Application Procedure:
Online. Orientation and general training compulsory.

Preferred time commitment:
Varies according to the role of the volunteer.

Is training provided? Yes

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☐

Local contact person:
Peter O'Brien, Special Olympics World Summer Games
01-8688250

Working with People With Disabilities

Irish Wheelchair Association (IWA)
C/o National Rehabilitation Hospital,
Rochestown Ave. Dun Laoghaire, Co. Dublin
Ph: (01) 2355406, dowlingmarion@hotmail.com, www.iwa.ie

Brief Organisation profile:
A national organisation of people with limited mobility. IWA's goal is to achieve the full inclusion of people with physical disabilities in the community.

Do you recruit volunteers? Yes.

Brief Job Description:
To assist with programmes that facilitate the inclusion of young people with limited mobility in their community and local activities.

Placement Location: IWA Youth Service—South Dublin

Is training provided? : Yes

Is there an age requirement?: No

Do you take Transition Year students?: Yes

Skills & Qualities required: Good communication skills, an interest in equality, understanding of young people with mixed abilities.

Preferred time commitment:
Not specified

Please tick if provided:

Disability Access	☑	Support	☐
Supervision	☐	Expenses	☐

Application Procedure:
Application form, meet with staff

Local contact person:
Marion Dowling. Ph: 2355406

Literacy

Dún Laoghaire Adult Learning Centre
Holy Child Community School, Pearse St., Sallynoggin
Ph: 01-2855633, Fax: 01-2855633

Brief Organisation profile:
The majority of those tutors currently working with us are volunteers. We work on a one to one basis with clients.

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.), Over 18s

Application Procedure: Postal application + interview

Preferred time commitment:
2hrs a week of own choice after training

Volunteer's duties or areas of work:
To work for two hrs a week with an individual student at whatever level of need is required.

Is training provided?
Yes

Type and length of training course;
Initial training of 26 hrs - two full Saturdays and 4 evenings 1hr a week. Followed by in-service training 2-3 times a year.

Further Information:
A high level of commitment and dedication is required as well as good interpersonal skills. High academic level of education is not sought but we do welcome retired or working teachers among our group of volunteers. The work is very rewarding and satisfying.

Local contact person:
Aedin O'Toole

Literacy

Southside Adult Literacy Scheme
3, Ashgrove Terrace
Dundrum, Dublin 14
Ph: 01-2964321, sals@eircom.net, www.southadulted.ie/literacy

Brief Organisation profile:
Offering free and confidential tuition to adults who want to improve their reading and writing.

Do you recruit volunteers? Yes

Brief Job Description:
Volunteers provide one-to-one tuition in reading, writing and numeracy.

Placement Location:
Dundrum and outreach centres

Is training provided? Yes
Initial training course 20hrs - 1night a week for 10 weeks

Is there an age requirement? 18 years and over

Do you take Transition year students: No

Skills and Qualities required:
No formal qualifications. Patience and sensitivity are crucial.

Preferred time commitment:
Two hrs per week for a year.

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☐

Application Procedure:
Telephone local organiser 01 2964321

Local contact person:
Mary or Michelle
Dundrum Adult Literacy Scheme - 01-2964321

Working with People with Disabilities

Carmona Services
11, Upper Glenageary Rd,
Dun Laoghaire
Tel: 01 2852900

Brief Organisation profile:
Carmona services is a service for adults and children who have an intellectual disability. At present we have 320 clients.

Do you recruit volunteers? Yes

Brief job description: Helping out where and when needed.

Placement Location (s): Upper Glenageary Rd. / Patrick St, Dun Laoghaire and Loughlinstown.

Age Requirement: No

Do you take transition year students? Yes

Skills and qualities required: No previous experience needed.

Preferred time commitment: 3-4 hours per week.

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses-(if required on outings)	

Application Procedure: A Garda clearance certificate is required.

Local contact person: John Mc Manus— 085 7305593

Working with People with Disabilities

Cheshire Ireland
Block 4, Bracken Business Park,
Bracken Road, Sandyford Industrial Estate
Dublin 18.
Ph: 01 2974100

Brief Organisation profile:
Cheshire Ireland provides a range of supported accommodation, respite and other services to adults with physical disabilities.

Do you recruit volunteers? Yes

Brief job Description:
Social Activities: cinema, pub, coffee etc.

Placement Location:
Dun Laoghaire.

Is training provided? Yes

Is there an age requirement?: No

Do you take Transition Year students: Yes

Skills & Qualities required:
Commitment, Ethics, Friendly kind people.

Time commitment:
1 day a week for 3 hrs.

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Contact Giuliana Settineri / References and Garda Clearance.

Contact Person:
Giuliana Settineri
Ph: 087 9584503
Email: settinerig@yahoo.it

Information

Dún Laoghaire Youth Information Centre,
137 Georges St, Dún Laoghaire Co. Dublin.
Ph: 01-2809363, Fax: 01-2843799
Email: yicdlys@iol.ie Website: www.youthquest.ie

Brief Organisation profile:
A one-stop shop for information for young people between the ages of 15—25 years

Do you recruit volunteers? Yes

Brief Job Description:
Computer work, filing, answering telephone, posters / publications

Placement Location:
137 Lower George's St, Dún Laoghaire.

Is training provided? Instruction/ guidance and support. No formal training.

Is there an age requirement: 15 years and over (Under 18's with parental or school permission)

Do you take transition year students? Yes

Skills & Qualities:
Enjoy dealing with public, computer skills if possible

Preferred time commitment: Negotiable

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure: Contact the Youth Information Centre

Local contact person: Julie Kelleher - 2809363

Information

Citizens Information Centre
85/86 Patrick Street, Dún Laoghaire
Ph: 01-2844544, Email: dunlaoghaire.cic@comhairle.ie

Brief Organisation Profile:
Provision of a free and confidential information, Advice and Advocacy service, Legal & Financial Services.

Do you recruit volunteers? Yes

Brief job description: Information provision, receptionist, To listen to clients problems and enable them to solve them through accurate information.

Placement Location: Dun Laoghaire

Is training provided? Yes
Information givers course (11 weeks - 1 morning per week). Database training - ongoing one to one in centre. Monthly training.

Is there an age requirement: 18+

Do you take transition years: No

Skills & Qualities required:
Listening ear & willingness to help others.

Preferred time commitment: Weekly **Hours:** 3

Please tick if provided:

Disability Access	☑	Support	☑
Supervision	☑	Expenses	☑

Application Procedure Application:
Form & talk with Development Manager

Local contact person: Stephen Doherty 01-2844544

Helplines/Support

Dublin Rape Crisis Centre
70 Lower Leeson St., Dublin 2
Ph: 01-6614911 or 1800-778888
Fax: 01-6610873, Email: rcc@indigo.ie

Brief Organisation profile:
A support agency which provides a support system for men and women who have been victims of rape, sexual abuse or incest. Individual counselling and 24 hour crisis service available as well as support to victim when they attend the sexual assault treatment unit for examination.

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.)
25+ and in (01) telephone area

Application Procedure:
Send sae to Volunteer Services, DCRR, 70 Lower Leeson Street, Dublin 2.Group and individual interview

Preferred time commitment 18mths-2yrs

Volunteer's duties or areas of work
Telephone Helpline out of office hours, to listen, support and sometimes give information. Accompanying to hospital.

Is training provided? Yes

Type and length of training course:
50hrs approx. Experimental work on attitude/effects long and short term of sexual violence + listening skills etc.

Further Information:
On-going in-service training given as well as opportunities to give talks to groups.

Local contact person:
Maire Mhic Aogain
Rape Crisis Centre (as above) , 1800-778888 or 01-6614911

Bethany Bereavement Support Group,
Ardvarna, 13 The Hill, Monkstown,
Co. Dublin. 01-2801669

Brief Organisation profile:
A local support group which provides support to the bereaved and their family or friends.

Do you recruit volunteers? Yes

Eligibility Requirements (incl. age, qualifications etc.)
None

Application Procedure:
Questionnaire, Two referees and interview. To apply for training please contact Winnie Keogh @01-4943142 or Sheila @ 01-2801669

Preferred time commitment:
Whatever volunteer is prepared to give.

Volunteer's duties or areas of work:
Visiting relatives of the bereaved. Facilitating those who require help on a one to one basis.

Is training provided? Yes
Training is given on how to support those who have suffered a loss - 1 night a week for 10 week. In-service training days are held twice a year

Further Information:
Invited speakers are asked to give talks to update our skills. The committee meet each month

Local contact person:
Bernie Little—01-2886078

The Samaritans
112 Marlborough Street, Dublin 1
Ph: 01-8727700 or 1850-609090
E: recruit@samaritans.ie Website: www.dublinsamaritans.ie

Brief Organisation profile:
Offers confidential emotional support to anyone distressed or who may be finding it difficult to cope with life. We have a special concern for those who are feeling suicidal.

Do you recruit volunteers? Yes

Brief job Description:
Responding to people by telephone or face-to-face through actively listening in a genuinely caring and accepting manner.

Placement Location: Marlborough St., Dublin 1

Is training provided? Yes
Following selection process there is a 4 week training course(4 evenings + 2 Saturdays). Part two of the training course follows (5 evening sessions over 5 weeks).

Is there an age requirement?: Minimum 18yrs

Do you take Transition Year students: No

Skills & Qualities required: General interest in people, a warmth and genuineness towards people, a good listener, able to accept individuals

Time commitment:
Two years, from 3 hours weekly, 1 overnight shift every 2 months

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☑

Application Procedure: Invited to introductory evening, then by application if still interested, or you can fill out the online form

Bodywhys
PO Box 105, Blackrock, Co. Dublin
Ph: 01-2834963, Email: info@bodywhys.ie, Website: www.bodywhys.ie

Brief Organisation profile:
Offers support, understanding and information for people with Eating Disorders i.e. Anorexia and Bulimia and their families and friends.

Do you recruit volunteers? Yes. Once a year. Training takes place in October

Brief job description: Various: Helpline Worker, support groups, one to one email support & online support groups.
Placement Location: Helpline-Stillorgan, Dublin. Support groups-Dublin, Limerick, Carlow, Galway. Online services- anywhere with internet access.

Is training provided? Yes.
Initial training over a period of 6 weeks followed by ongoing training

Is there an age requirement: 20+ For positions outlined above. Possibility of occasional small projects for younger age group.

Do you take transition year students? Not at present.

Skills & Qualities Required: Punctuality, reliability, respect for confidentiality, excellent communication skills, capacity for empathy, emotional maturity and enthusiasm.

Time commitment: 1 year minimum **Hours:** 2 per week.

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Completion of application Form and interview

Local contact person:
Mary 01-2834963

The Alzheimer Society of Ireland
43 Northumberland Ave., Dún Laoghaire
01-2846616, info@alzheimer.ie www.alzheimer.ie

Brief Organisation profile:
Providing a range of supports and services from day care to home support to provision of information to people with Alzheimer's Disease or related dementia and their carers.

Do you recruit volunteers? Yes.

Brief Job Description:
Day care centres, Tea day (Annual National Fundraising Event), Collectors, general administration and National Helpline Volunteers

Placement Location: Dun Laoghaire

Is training provided? : Yes, for Helpline

Is there an age requirement?: No

Do you take Transition Year students?: Yes

Skills & Qualities required: Willing to carry out tasks; honesty and commitment

Preferred time commitment:
Couple of hours a day, 2 month commitment (Tea day)
3hrs every 2 weeks for 1 year (Helpline). Negotiable

Please tick if provided:

Disability Access	☐	Support	☑
Supervision	☑	Expenses	☑

Application Procedure:
Contact the local contact person—details below

Local contact person:
Edward Rowland, Alzheimer Society of Ireland (as above)
01-2846616